

Forgiving and Forgetting  
Lesson Two Notes  
Wednesday, January 27, 2021  
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Strong encouragement to learn to forgive others from Jesus, with a warning to unbelievers:

Matthew 6:12, 14 - 15; 18:19 - 35.

Jesus makes this a priority in our relationship with the Father; Matthew 5:23 - 26.

And example can be seen in Philemon 8 - 19.

The Old Testament condemned sin with just punishment. The New Testament forgives sin through the death of Jesus on the cross. We want NT forgiveness from God for our sins, but hold on to OT condemnation against those who sin against us.

How can I forgive a person who has sinned against me and what do I do with the pain?

- You can't forgive, but Christ did and will. You trust in Christ that what He has given you is not just for you. You only have what He has given when you give it. This is how God hears "Thank You."
- Through prayer (the desire and request), learn from the Holy Spirit, how to forgive others.
- From the Scriptures (5:38 - 48), practice on minor incidents.
- Ask God to heal you (Exodus 15:22 - 27), and He will make the bitter waters sweet.
- Desire God's glory to be revealed in the situation more than any justice for you. Acts 7:55 - 60.
- Be patient, waiting upon the Lord, and kind while God works all things together for good. Remember the story of Joseph in Genesis.