Prayer Diagram XIV Forgiving other's sins

Matthew 5:38-48

We've been looking at steps to resolving anger:

--It begins with confession to God that it's a sin, then defining the offense, grieving the loss, trying to understand your offender, searching for pearls in the offense.

--Today we are going to be considering our final two steps to dissolving anger.

--<u>Let me remind you, you do have to forgive</u>. Forgiveness is point in time and decision we make before God and it is daily walk and decision to persist in forgiveness. These steps help our walk.

--**STEP # 6** = putting your feelings into writing – in the form of a letter to the person who offended you.

--God has put His feelings, emotions, expectations concerning our sin into writing hasn't He?

--<u>Stuff to include: clarify what happened (this</u> what you and this is how it made me feel, this is what I feel was taken from me).

--Talk about your feelings (this hurt, deeply angry, resentful toward you, etc.)

--Express your desire to forgive and obey God and move on.

--Express how you would like them to respond.

This is not for them particularly, but for you, that is, this isn't to mail to them necessarily.

--You may very well get a bad reaction from your offender and worsen situation.

--They may find it too painful to deal with their shortcomings and lash out

--Proverbs 9:7

<u>Understand: people are caught in a sin</u> cycle (devil has a foothold in their life).

--You are breaking that cycle by resolving your anger **not** by correcting them.

--<u>They may never say "sorry" or reconcile with you or ever acknowledge that they ever even did</u> anything.

Step #7 is to reach out to your offender

--"<u>But you just said don't reach out to them or they may hurt us again</u>." No, I said trying to get them to fess up, repent and reconcile may not be the best idea.

--But reaching out to them in love is exactly what God does to us.

--<u>Matthew 5:44-45</u>

--We are not looking for an apology or even reconciliation, but: Romans 12:20-21

--<u>How do you know when you've forgiven</u>? When you can think of them, feel sorry for them and reach out to them in love.

--Forgiveness is what you're going to do, that's what we're going to do.

--Choose forgiveness, put the devil to flight, James 4:7

"Submit yourselves, therefore, to God. Resist the devil, and he will flee from you."